

Klubresultatliste – Danish Spring - Middle

2021-07-31

AKIF

Men Elite WRE	22.	Jacob Kirkeby	1:04:25	+28:08
Men Elite WRE	24.	Christian Bertel Andersen	1:06:53	+30:36
M 55	2.	Jes Mose Jensen	41:08	+5:28
M 70	13.	Ole Christiansen	52:28	+13:44

Alleroed OK

Men Elite WRE	12.	Lasse Fugmann Thamdrup	46:45	+10:28
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Allerød OK

Open 3	2.	Gunnar Lorenzen	1:16:31	+12:07
M 16	3.	Mads Christian Maarup	30:15	+1:54
M 16	5.	Johannes Marager	35:48	+7:27
M 16	6.	Erik Grønborg Nielsen	36:55	+8:34
Men Elite Jun	2.	Theis Munkved	27:00	+1:39
Men Elite Jun	10.	Oscar David Broman Jensen	30:51	+5:30
Men Elite Jun	19.	Hans Grønborg Nielsen	36:41	+11:20
W 16	3.	Frida Kärner Grooss	34:47	+2:45
Women Elite Jun	9.	Amalie Ertmann	28:28	+4:02
Women Elite Jun	15.	Hedda Kärner Grooss	35:09	+10:43
M 14	2.	Tore Emil Maarup	34:11	+2:09
M 60	8.	Søren Maarup	47:16	+12:04
W 10	2.	Dagmar Marager	17:25	+2:47
W 55	5.	Susanne Maarup	47:17	+3:30

AMOK

Open 2	11.	Line Lundsgaard	1:04:24	+33:25
Open 2	12.	Bjarke Lundsgaard	1:05:32	+34:33
Open 2	13.	Rolf Andersen	1:08:41	+37:42
Open 4	5.	Helgard Olsen	46:03	+23:45
M 50	10.	Christian Olsen	41:56	+10:48
W 16	9.	Liv Lundsgaard	49:53	+17:51
M 21A		Benjamin Trock	Fejlklipt	
M 35	1.	Jakub Jirasek	51:39	
M 35	2.	Lasse Lykke Grønnebæk	58:09	+6:30
M 55	18.	Ernst Poulsen	1:04:16	+28:36
W 12	3.	Emma Lundsgaard	32:23	+12:18

ARGUS

Open 2		Iris Eggels	Fejlklip	
M 21A	3.	Sonny Wessels	1:11:47	+14:18

Ballerup OK

Men Elite WRE	22.	Mikkel Skaarup	1:04:25	+28:08
Women Elite WRE	14.	Karoline Saxtorph Schulz	1:05:33	+29:52
Open 2		Lars Bech Jensen	Fejlklip	
Open 4	4.	Inge K. Kristoffersen	44:51	+22:33
M 50	11.	Alex Ottesen	43:51	+12:43
M 45	5.	Morten Ploug	46:51	+8:30
M 55	21.	Henrik Petersen	1:19:04	+43:24
M 60	3.	Gregers Jørgensen	41:06	+5:54
M 60	4.	Jørgen Pedersen	41:46	+6:34
M 65	8.	Lars Hanghøj Petersen	49:54	+15:53
M 65	10.	Peter Nørgaard	59:53	+25:52
M 70	17.	Kuno Rasmussen	1:02:22	+23:38
M 70	18.	Jan Kristoffersen	1:03:16	+24:32
M 75		Poul Gregersen	Ej startet	
W 17-20A	3.	Cecilie Spendrup Petersen	1:07:59	+33:49
W 35	1.	Maj Weise Christiansen	51:31	
W 55	2.	Annette Bonde	44:13	+0:26
W 60	6.	Hanne Frost	1:35:43	+43:37
W 65	4.	Johanne Lind	1:44:33	+52:28

Be Arrows

Men Elite WRE	2.	Yannick Michiels	37:15	+0:58
Women Elite WRE		Ems De Smul	Fejlklip	
M 16	7.	Mats De Smul	1:06:39	+38:18

Club Orientació Catalunya

M 55	16.	Angel Pi	1:00:14	+24:34
W 40	3.	Anna Torrent	1:35:51	+57:56

COC Barcelone

M 40	1.	David Veleza Diaz	54:30	
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Døvania

M 40	2.	Henrik Eklund	56:21	+1:51
M 40	3.	Peter Niemelä	1:21:59	+27:29
W 21A	4.	Petra Eklund	50:18	+13:28

Eslövs FK

M 50	9.	Tomas Vensryd	37:49	+6:41
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Falkenbergs OK

Women Elite WRE	8.	Matilda Martinsson	43:00	+7:19
M 55	10.	Mikael Martinsson	56:32	+20:52
W 55	4.	Gunilla Martinsson	46:26	+2:39

Farum OK

Men Elite WRE	20.	Robert Kovacs	57:33	+21:16
Women Elite WRE	6.	Vera Mullerova	41:02	+5:21
Open 1	5.	Tore Hulgaard	1:12:04	+11:53
Open 2	5.	Klaus Nielsen	46:42	+15:43
Open 4	1.	Jacob Holm	22:18	
Open 4		Emma Holm	Fejlklipt	
M 50		Ulrik Danneskiold-Samsøe	Ej startet	
Men Elite Jun	21.	Marius Snedker Storgaard	42:20	+16:59
M 17-20A	1.	Filip Nielsen	40:36	
M 45	4.	Rasmus Holm	44:56	+6:35
M 65	11.	Kai Beck-Andersen	1:01:48	+27:47
M 75		Ole Christiansen	Ej startet	
M 80		Bendt Frandsen	Fejlklipt	
W 40	1.	Marianne Holm	37:55	
W 65	3.	Annlou Husen	56:31	+4:26

FIF Hilleroed Orientering

Men Elite WRE	21.	Ulrik Staugaard	1:03:05	+26:48
Men Elite WRE		Malthe Poulsen	Fejlklipt	
Men Elite WRE		Malte Kjaer Hemmingsen	Ej startet	
Women Elite WRE	1.	Cecilie Friberg Klysner	35:41	
Women Elite WRE	3.	Nicoline Friberg Klysner	37:17	+1:36
Women Elite WRE	12.	Kathrine Dyrsting Sandvang	1:01:54	+26:13

FIF Hillerød

Open 2	2.	Maria M. Høyer Staugaard	39:45	+8:46
Open 2	3.	Preben Sloth	44:35	+13:36
Open 3		Sigrid Visti Hemmingsen	Ej startet	
Men Elite Jun	1.	Jacob Steinthal	25:21	
W 50	9.	Bente Kjær Hemmingsen	56:50	+24:36
Women Elite Jun	10.	Sigrid Høyer Staugaard	28:54	+4:28
M 14	1.	Torbjørn Høyer Staugaard	32:02	
M 55	11.	Peter Dyrsting	57:14	+21:34
M 60	2.	Søren Sloth	38:17	+3:05
M 70	8.	Jens Høgsfeldt	48:01	+9:17

M 70		Emil Olesen	Fejlkli	
M 75	6.	Jørgen Chr. Nielsen	1:02:10	+13:37
M 75	7.	Leif Sig	1:05:54	+17:21
M 80	2.	Henning Løwenstein	40:43	+1:33
M 80	6.	Leo Mathiesen	1:05:48	+26:38
W 55	3.	Maria Douglas	44:16	+0:29
W 65	5.	Betty Folino	1:45:09	+53:04
W 65		Eva Konring Olesen	Fejlkli	
W 75	3.	Annelise Hansen	1:32:11	+36:54
W 75	5.	Lisbeth G. Larsen	1:55:39	+60:22

Fredensborg OK

M 65	9.	Max Prang	59:52	+25:51
M 75		Allan Christiansen	Fejlkli	

FSK

Open 1	2.	Kurt Thuesen	1:04:06	+3:55
Open 1		Claus Wigen	Fejlkli	

FSK Orientering

Open 2	6.	Jan Frank Nielsen	48:02	+17:03
W 50	3.	Hanne Fogh	38:01	+5:47
M 60	16.	Jens Thorup	1:09:00	+33:48
M 70	9.	Kim Folander	49:48	+11:04
W 60	5.	Jytte Sørensen	1:22:19	+30:13

Faaborg OK

Open 2	1.	Emma Klingenberg	30:59	
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Göteborg-Majorna OK

Open 1	1.	Laust Sørensen	1:00:11	
Open 2	7.	Kristina Lorentzon	48:49	+17:50
M 60	7.	Andrew Lago	46:33	+11:21

Hadeland OL

M 65	5.	Øyvind Sørli	47:57	+13:56
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Halmstad OK

M 70	16.	Bo Senje	1:00:11	+21:27
M 70		Ulf Kristensson	Fejlkli	
W 45	2.	Ingela Alvmymren	41:47	+2:14

Helsingborgs SOK

M 60	12.	Sven-Åke Emanuelsson	53:54	+18:42
W 60	4.	Eva Emanuelsson	1:02:35	+10:29

Helsingør SOK

Open 3		Birgitte Andersen	Ej startet	
Women Elite Jun	11.	Dicte Højbjerg Andersen	31:02	+6:36
M 60	13.	Bjarne B. Jensen	55:11	+19:59
M 65	1.	Rolf Lund	34:01	
M 70	3.	Søren A. Nielsen	42:18	+3:34
M 80	5.	Flemming Larsen	1:02:36	+23:26
W 65		Lene Jensen	Ej startet	
W 70	3.	Kirsten Ellekilde	1:04:54	+5:18
W 70	6.	Lise Bertram	1:10:13	+10:37
W 70	9.	Inge Olsen	1:16:56	+17:20

Herlufsholm OK

Open 3	1.	Lisa Børsting	1:04:24	
Open 3	3.	Claus Børsting	1:16:55	+12:31
Open 3		Ilsabe Børsting	Fejlklipt	
W 50	13.	Lykke Berg Matheisen	1:19:30	+47:16
M 55	5.	Jesper Børsting	48:21	+12:41
M 55	19.	Henrik Mathiesen	1:05:50	+30:10
M 60	11.	Torben Kristensen	52:08	+16:56
W 55	7.	Lone Jørgensen	1:26:31	+42:44

Herning OK

Women Elite WRE		Henriette Nygaard	Ej startet	
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Herning Orienteringsklub

M 70	6.	Torben Isen	47:00	+8:16
W 60	2.	Gitte Isen	57:37	+5:31

Holbæk OK

Open 1	6.	Henrik Nielsen	1:21:51	+21:40
M 55	15.	Jan Thiesen	59:52	+24:12
M 75	8.	Mogens Jensen	1:12:57	+24:24

Horsens OK

Open 2	4.	Thomas Herbert Kokholm	45:59	+15:00
M 50	19.	Mads Mikkelsen	1:11:47	+40:39
Men Elite Jun	17.	Jacob Klærke Mikkelsen	35:32	+10:11
Men Elite Jun	22.	Jonas Ellegård Kokholm	45:17	+19:56
W 16	8.	Johanne Skouboe	44:04	+12:02
W 50	4.	Rikke Holm	38:15	+6:01
Women Elite Jun	12.	Elanor Henriksen	31:13	+6:47
Women Elite Jun	18.	Theresa Skouboe	38:40	+14:14
M 45	2.	Nicolaj Nielsen	38:42	+0:21

M 45	11.	Allan Skouboe	1:20:41	+42:20
M 70	4.	Troels Jensen	42:57	+4:13
W 12	2.	Kristine Skouboe	24:35	+4:30
W 45	4.	Irene K. Mikkelsen	46:32	+6:59
W 70	4.	Elin Holm Jensen	1:08:22	+8:46

IF Rigor

M 70	12.	Kjell Jeppson	51:01	+12:17
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IK Grane Arendal Orientering

M 70	1.	Finn Ole Jørgensen	38:44	
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IKHP Huskvarna

Men Elite Jun	8.	Olle Karlsson	29:58	+4:37
Men Elite Jun	13.	Viktor Gunnarsson	32:23	+7:02

Järfälla OK

Men Elite Jun	16.	Konrad Stamer	35:12	+9:51
W 16	2.	Annika Stamer	33:21	+1:19

Kildeholm OK

Open 1	3.	Casper Vindegaard Sørensen	1:07:36	+7:25
W 50		Tine Rønn Østergaard	Ej startet	
W 21A	2.	Nina Steen Vindegaard Sørensen	43:22	+6:32

Kolding OK

M 16	2.	Niels Dalgaard	28:44	+0:23
M 55	8.	Per Eg Pedersen	50:58	+15:18
M 80	3.	Jack Skrydstrup	48:55	+9:45

Køge OK

M 50	15.	Niels Torm	50:05	+18:57
M 70	2.	Gunnar Grue-Sørensen	39:04	+0:20
M 70	10.	Tage Ebbensgaard	50:09	+11:25
M 70	11.	Karsten Richardt	50:24	+11:40
M 75	9.	Ole Rasmussen	1:17:47	+29:14
W 70	5.	Gerda Marie Christiansen	1:08:41	+9:05

Larvik OK

Men Elite WRE		Jorgen Froyd	Ej startet	
M 80	1.	Per Øystein Andersen	39:10	

Lyngby OK

M 21A	1.	Jonas Isaksen	57:29	
M 60	1.	Henrik Albahn	35:12	
W 21A	7.	Karina Isaksen	1:04:50	+28:00

MTK Bad Harzburg

M 50	14.	Thilo Bruns	46:19	+15:11
Men Elite Jun	9.	Matti Bruns	30:37	+5:16
M 17-20A	2.	Jussi Bruns	1:11:48	+31:12

Naturfreunde Wien

Women Elite WRE	9.	Tina Tiefenboeck	44:49	+9:08
W 50	10.	Ulrike Tiefenboeck	1:05:42	+33:28
M 55	9.	Wilhelm Tiefenboeck	54:05	+18:25
W 17-20A	1.	Rita Tiefenboeck	34:10	

Odense OK

M 55		Tommy Iversen	Ej startet	
M 60	14.	Bent Aakjær	57:40	+22:28

OK Gorm

Women Elite WRE	7.	Nina Germann Najbjerg	42:08	+6:27
W 40	2.	Pernille Buch	41:09	+3:14

OK H.T.F.

W 60	1.	Mona L. Rasmussen	52:06	
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OK HTF Haderslev

Men Elite WRE	25.	Jeppe Andersen	1:07:09	+30:52
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OK Melfar

Men Elite WRE	6.	Henrik Rindom Knudsen	42:08	+5:51
Men Elite WRE	14.	Morten Rindom Knudsen	48:34	+12:17
M 16	4.	August Gabs	34:39	+6:18
M 50		Thomas Gabs	Fejlklipt	
Women Elite Jun	3.	Hedvig Valbjørn Gydesen	25:55	+1:29
M 60	9.	Terkel Gydesen	49:40	+14:28

OK Oest Birkerød

Men Elite WRE	8.	Michael Soerensen	44:32	+8:15
Men Elite WRE	26.	Frederik Erskov Krogh	1:11:33	+35:16

OK Pan

M 50	4.	Ebbe Møller Nielsen	34:03	+2:55
Men Elite Jun	7.	Jonas Damm Als	29:16	+3:55
Men Elite Jun	14.	Asbjørn Kaltoft	33:23	+8:02
Men Elite Jun	15.	Anders Secher Thomsen	35:02	+9:41
Men Elite Jun	18.	Villads Skovbjerg	35:36	+10:15
W 16	1.	Laura Kaldahl Hornbæk	32:02	
W 16	5.	Emilie Skov Dalgaard	35:31	+3:29

Women Elite Jun	7.	Marie Møller Nielsen	28:03	+3:37
Women Elite Jun	14.	Sofie Ulrich	34:44	+10:18
M 70	15.	Poul Grøn	59:43	+20:59
W 21A	5.	Kathrine Emilie Amby	50:51	+14:01

OK Pan Århus

Men Elite WRE	18.	Mikkel Holm Nielsen	56:09	+19:52
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OK Pan Aarhus

Men Elite WRE	5.	Mads Skaug	41:55	+5:38
Men Elite WRE	13.	Stefan Frands Petersen	46:50	+10:33

OK Pan-Kristianstad

M 85		Peo Bengtsson	Ej startet	
W 65	2.	Ulla Engelby	54:48	+2:43
W 70	1.	Gunnel Månsson	59:36	

OK Ravinen

Men Elite WRE	15.	Kalle Bergman	51:03	+14:46
M 16	1.	Hannes Mogensen	28:21	
M 50	1.	Allan Mogensen	31:08	

OK Roskilde

Men Elite WRE	1.	Rasmus Moeller Jess	36:17	
Open 2	15.	Hanne Muller Jensen	1:17:54	+46:55
Open 3	4.	Finn Olsen	1:51:49	+47:25
M 65		Lars Olsen	Ej startet	
M 75	1.	Ole Svendsen	48:33	
W 70	7.	Ane Veierskov	1:15:04	+15:28
W 75	1.	Inge Jørgensen	55:17	

OK Skärmen

Open 2	8.	Hakn Mosbech	49:48	+18:49
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OK Skærmen Værløse

W 50	14.	Ulla Jacobsen	1:34:21	+62:07
M 70	14.	Søren Christensen	58:00	+19:16
M 70	20.	Leif Jensen	1:10:01	+31:17
M 75	4.	Peter Nielsen	53:57	+5:24
M 75	10.	Knud Torm	1:22:07	+33:34
W 65		Benthe Jensen	Maks.tid	

OK Snab

Women Elite WRE	5.	Ida Agervig Kristiansson	40:32	+4:51
M 16		Axel Örnhagen Jørgensen	Ej startet	
M 50	2.	Flemming Jørgensen	32:52	+1:44

M 50	3.	Björn Kristiansson	33:14	+2:06
M 50	12.	Lars Pagh	43:53	+12:45
Men Elite Jun	4.	Linus Agervig Kristiansson	27:20	+1:59
Men Elite Jun	6.	Jeppe Edvardsen	28:59	+3:38
W 16	10.	Olivia Fjordside Pagh	52:58	+20:56
W 50	1.	Ulrika Örnhamen Jørgensen	32:14	
Women Elite Jun	1.	Eva Örnhamen Jørgensen	24:26	
Women Elite Jun	5.	Malin Agervig Kristiansson	27:26	+3:00
M 14	3.	Rasmus Edvardsen	34:40	+2:38
M 45	7.	Thomas Edvardsen	51:39	+13:18
W 10	1.	Marie Fjordside Pagh	14:38	
W 14	3.	Agnes Fjordside Pagh	56:53	+22:25
W 21B		Bodil Fjordside Pagh	Fejlkli	

OK Sorø

Open 1	7.	Jesper Munch Jespersen	1:41:16	+41:05
Open 1		Mads Ottar Jespersen	Fejlkli	
M 50		Morten Hass	Ej startet	
W 16	4.	Clara Friis Scheby	34:48	+2:46
W 50	7.	Anne Bloch Frandsen	51:15	+19:01
W 50	11.	Sanne Ifversen Hansen	1:06:42	+34:28
M 55	12.	Svend Christiansen	57:31	+21:51
M 55	20.	Jens Frandsen	1:13:42	+38:02
W 12	1.	Camille Friis Scheby	20:05	
W 45	7.	Tine Friis Scheby	1:14:46	+35:13
W 60		Mette Filskov	Ej startet	
W 60		Søs Munch Hansen	Ej startet	

OK Syd

M 55	6.	Karsten Jøhnk	48:40	+13:00
W 60	3.	Hanne Ljungberg	59:38	+7:32

OK Telsiai

M 45	10.	Irmantas Daugintis	1:10:39	+32:18
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OK Tisaren

M 75	3.	Lennart Lundh	50:29	+1:56
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OK Vendelboerne

Men Elite WRE		Allan Reiche	Fejlkli	
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OK ØST Birkerød

Men Elite Jun		Søren Thrane Ødum	Ej startet	
W 16	7.	Kamma Aglund Andersen	43:08	+11:06
W 21A	8.	Line Elgård Nielsen	1:07:22	+30:32

OK73

Open 2	16.	Jørn Andreassen	1:26:44	+55:45
M 45	9.	Jakob Lind Tolborg	1:01:05	+22:44
M 70		Henrik Weirauch Kristensen	Fejlkli	
M 75	5.	Knud Lykking	56:57	+8:24
M 85	1.	Bent Mortensen	1:34:03	
W 75	2.	Marianne Lykking	57:44	+2:27
W 75	4.	Ulla Valnert	1:41:15	+45:58
W 80	1.	Inge Madsen	59:08	

OL Team Lippe

Women Elite Jun	17.	Emma Caspari	36:22	+11:56
M 45	6.	Volker Caspari	47:05	+8:44

OLG Schaffhausen

Women Elite WRE	10.	Katja Bruetsch	49:51	+14:10
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OLG Zurich

Men Elite WRE	11.	Andrin Wey	46:44	+10:27
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OLG Zürich

Women Elite Jun	6.	Hanna Wey	28:02	+3:36
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OMEGA

M 50	17.	Olivier De Smul	1:06:00	+34:52
W 17-20A	2.	Siel De Smul	46:27	+12:17
W 45	8.	Ellen De Ble	1:15:54	+36:21

PI-København

M 50		Jesper Kracht	Fejlkli	
M 60	5.	Jørn Lind	43:50	+8:38
M 60	6.	Jan Johansen	45:44	+10:32
W 45	1.	Elin Nørgård Kracht	39:33	
W 45	3.	Camilla Rath Nielsen	45:59	+6:26
W 45	9.	Karina Mejnborg	1:19:30	+39:57

Preetzer TSV

M 50	8.	Christian Stamer	36:37	+5:29
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Randers OK

M 70	7.	Carl Malling	47:31	+8:47
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RSOK

Women Elite Jun	13.	Laura Bobach	33:08	+8:42
Women Elite Jun	16.	Ida Riis Madsen	36:15	+11:49

SC Helsa

M 50	13.	Martin Gertenbach	44:20	+13:12
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Silkeborg OK

M 50	5.	Keld Hinge Krogsgaard	35:24	+4:16
Men Elite Jun	5.	Elias Hinge Krogsgaard	28:38	+3:17
W 16	6.	Sigrid Øhlenschlæger Nielsen	36:04	+4:02
W 50	8.	Heidi Hinge Krogsgaard	55:32	+23:18
M 45	12.	Thomas Nielsen	1:25:55	+47:34
M 75	2.	Clive Allen	48:49	+0:16
W 14	2.	Ragnhild Øhlenschlæger Nielsen	38:21	+3:53
W 21A	3.	Celine Hinge Krogsgaard	47:12	+10:22
W 70	8.	Birthe Helms	1:16:47	+17:11

Skiclub Bonn

Men Elite Jun	23.	Arvid Wittiber	48:31	+23:10
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Sollerod OK

Men Elite WRE	4.	Rasmus Thrane Hansen	40:18	+4:01
Men Elite WRE		Mikkel Kaae Nielsen	Fejlklipt	

South London Orienteers

Women Elite WRE	11.	Sarah Jane Barrable	56:54	+21:13
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South Yorkshire Orienteers

Men Elite WRE	10.	Nick Barrable	45:17	+9:00
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SU Schöckl Orienteering

M 21B	1.	Christopher Immervoll	42:22	
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SV Hildesia Diekholzen

M 45	1.	Joachim Stamer	38:21	
W 12	4.	Sania Stamer	41:54	+21:49
W 12	5.	Ria Wittke	53:19	+33:14
W 21A	6.	Solia Stamer	53:18	+16:28
W 40	4.	Kerstin Wittke	1:39:25	+61:30
W 45	5.	Esther Stamer	47:21	+7:48
M 21B	2.	Rasmus Koch	44:00	+1:38

Svendborg OK

M 65	4.	Per Storm Hansen	40:47	+6:46
W 60		Annette Færing	Ej startet	

Swiss Sommertider

M 50	5.	Christoph Hutzli	35:24	+4:16
M 50	7.	Thomas Frei	35:39	+4:31
W 50	2.	Mirjam Gründler	34:10	+1:56
W 50	5.	Nathalie Berlinger	43:49	+11:35
W 50	12.	Lena Wey	1:08:33	+36:19
M 55	13.	Markus Gründler	58:26	+22:46

Sävedalens AIK

Men Elite Jun	11.	Casper Skepp	32:01	+6:40
Men Elite Jun	12.	Arvid Skepp	32:05	+6:44
W 45	6.	Katrin Skepp	49:00	+9:27

Søllerød OK

Open 2	10.	Jørgen Luxhøj	59:16	+28:17
Open 2	14.	Kaj Rostvad	1:15:18	+44:19
Open 4	2.	Frederik Bamberger	27:07	+4:49
Open 4	3.	Maja Smedegaard Madsen	27:44	+5:26
M 50	16.	Frede Lillelund	52:26	+21:18
M 50	18.	Morten Hultberg Buchgreitz	1:06:29	+35:21
Men Elite Jun	2.	Mathias Buchgreitz	27:00	+1:39
Women Elite Jun	2.	Mathilde Smedegaard Madsen	25:29	+1:03
Women Elite Jun	4.	Alberte Kaae-Nielsen	26:41	+2:15
Women Elite Jun		Nanna Rye Nielsen	Ej startet	
M 45	8.	Jesper Vestergaard	55:22	+17:01
M 55	4.	Michael Graae	46:40	+11:00
M 60	10.	Bo Konring	52:07	+16:55
M 60	15.	Jens Anders Hansen	1:07:17	+32:05
M 65	6.	Niels la Cour Bentzon	48:12	+14:11
M 65	7.	Henrik Kleffel	48:41	+14:40
M 70	19.	Christian Strandgaard	1:05:39	+26:55
M 80	4.	Eric Gautier	51:48	+12:38
W 14	1.	Ingrid Due Nygaard	34:28	
W 55	1.	Iben Maag	43:47	
W 55	6.	Eva Smedegaard Eland	50:43	+6:56
W 70	2.	Jette Stepputat	1:00:37	+1:01

TEA

M 55	14.	Vassil Stoyanov	58:44	+23:04
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Tisvilde Hegn OK

Men Elite WRE	3.	Emil Oebro	39:17	+3:00
Men Elite WRE	7.	Jonas Falck Weber	42:15	+5:58
Men Elite WRE	9.	Lasse Falck Weber	45:04	+8:47

Women Elite WRE	2.	Agnes Kracht	35:50	+0:09
Women Elite WRE	4.	Elin Carlsson	37:50	+2:09
Open 2	9.	Bente Madsen	54:47	+23:48
Men Elite Jun	20.	Tobias Olloz	39:10	+13:49
W 50	6.	Lena Wraa	50:12	+17:58
Women Elite Jun	8.	Xenia Bregensøe	28:06	+3:40
M 21A	2.	Andreas Duc Jørgensen	1:03:42	+6:13
M 45	3.	Peter Steen Landsperg	43:30	+5:09
M 55	1.	Tim Falck Weber	35:40	
M 55	3.	Jakob Albahn	41:37	+5:57
M 55	7.	Sten Skytte Kirkegaard	50:07	+14:27
M 55	17.	Dennis Øbro	1:02:18	+26:38
M 65	2.	Keld Johnsen	37:09	+3:08
M 65	3.	Leif E. Larsen	37:17	+3:16
M 65	12.	Ole D. Jensen	1:04:16	+30:15
M 65		Ole Galle	Ej startet	
M 70	5.	Klaus Olsen	45:50	+7:06
W 21A	1.	Mathilde Kracht	36:50	

TSV Worpswede

Men Elite WRE	16.	Jan Felix Topp	54:16	+17:59
Men Elite WRE	19.	Kilian Lilje	56:25	+20:08
Women Elite WRE	13.	Jelena Topp	1:01:56	+26:15
M 50		Gerrit Rode	Fejlklipt	

Viborg OK

W 65	1.	Grethe Anæus	52:05	
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Viking Atletik

Open 1	4.	Emil Illemann Andreasen	1:09:00	+8:49
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Vompatti OK

Men Elite WRE	17.	Jonas Bruetsch	55:33	+19:16
Men Elite WRE		Andrin Bieri	Diskv.	