### 2<sup>nd</sup> International Youth Orienteering Training Camp in China

2



#### What is it?

Chinese orienteering club – Deer-O – based in Nanjing (just north-west of Shanghai) are organising an international youth orienteering training camp partly sponsored by the Chinese Bureau of Sport. This year is the second time that they are putting on the camp. Last year, orienteers from the UK, Czech Republic, Norway and Sweden took part. This year, they plan to get even more countries involved. The aim of the camp is to see what orienteering in China is like, to make international friends and to learn a bit about Chinese culture & history.

#### Who is it for?

The training camp is aimed at children between the ages of 12 - 18. There is an upper limit of 12 participants per each country, and 80 participants in total – places will be allocated on a first come first served basis.

#### When and where?

The camp will take place from 24.-31.10.2018. It will be based in and around Nanjing. Participants are expected to arrive at Shanghai Pudong International airport on 24.10., and depart from the same airport on 1.11.2018

#### Price

The cost of food, accommodation, transport and cultural programme during the training camp will be covered by the Chinese sports bureau. The cost of flight tickets, visas, insurance and vaccinations (if necessary) will be paid by the participants themselves. Each country is responsible for organising their own flights. As for visas, invitation letters will be sent out from China. It will then be up to each country to apply for their own visas with the help of the invitation letters. Group leaders from each country will be responsible for looking after the juniors from their country throughout the camp. Once in China, all logistics will be taken care of by the Chinese. However, it is up to the group leaders from each country to obtain permission from the parents and to ensure that all participants have adequate travel insurance. This training camp is not insured by any international orienteering organization, and participation in the camp is purely at everyone's own risk.

#### What to expect?

Orienteering in China is less developed than in Europe. Terrain is mostly going to consist of parkland with a limited level of navigational difficulty. Most of the training is likely to take part in or close to Nanjing. Having said that, last year, we visited a bamboo forest and an orange orchard, which provided for very novel orienteering experience. Local orienteers from Deer-O are likely to be younger (around 10 -12 years). Peer-coaching will be an important part of the training sessions.

The main aim of this tour is not to improve the juniors' orienteering skills. The main aim is to get a taste of Chinese orienteering, to meet new friends and to see for yourself what China is like. The cultural element is very important, so we would especially encourage those who are keen to see different cultures to come. China has a very rich history, and there will be time to explore a number of historical sites. As for food, China's cuisine is very different from what we are used to in Europe. It is impossible to guarantee fully meat-free meals, so strict vegetarians and vegans would struggle. Same goes for people with strong allergies, such as nut allergies. For a better idea of what to expect, you can read an <u>article</u> written by one of last year's participants. We also recommend a short <u>video</u> from last year's camp produced by Deer-O. See the appendix for a preliminary itinerary as well as for a peek of some of the maps that were used last year.

#### How to apply?

It is up to each country to decide which children to take onto the camp. Once decided, email the names of participants to Sun Yi on <u>sunyi\_seu@163.com</u> and cc me <u>zuza.strakula@gmail.com</u> on the email. Should there by any problem in communication, I will be able to help out.

#### Who is the organiser ?

The person in charge of organising the training camp is called Sun Yi. He is the founder of the Deer-O orienteering club.

My name is Zuzana (Zuzka) Strakova, and I am going to be leading the Czech group. I will be assisting you and Sun Yi in communicating, should it be needed, as I can speak Chinese. I studied Chinese at university, which is how I met Sun Yi during my year abroad.

If you have any questions, feel free to email me or Sun Yi.



## 2018 <sup>66</sup>一带一路<sup>99</sup> 2018 "One Belt, One Road" (B&R) 国际青少年定向训练营

International Youth Orienteering Training Camp

🛠 24-31/10/2018 JiangSu, China



# Orienteering

Date	Morning activities	Afternoon activities	Evening activities
24-Oct	Arrive in Nanjing (A hotel in Tangshan)		
25-Oct	Hushan Park opening ceremony, Orienteering competition	visit Tangshan Ape Cave	Visit Confucius Temple
26-Oct	Orienteering training The secret garden	Visit Nanjing Museum	Tangshan Thermal Spring
27-Oct	Orienteering training Tangjiajia	Purple Mountain cableway	Experience Chinese family life
28-Oct	Orienteering training Xijindu	Orienteering training Zhenjiang	Fellowship Union
29-Oct	Orienteering training Zhenjiang	Hiking	Shopping (Wanda Square)
30-Oct	Orienteering competition Dragon back Mount(Yixing)	Orienteering training, Bamboo sea	Fellowship Union
31-Oct	Orienteering training, Dragon Pond Park	Visit Shanjuan Cave, Make purple clay teapots	Farewell party
1-Nov	Camp ends.		











Number of applicants: limited to 80 people, not more than 12 people from the same country. Registration: Send personal information to the e-mail sunyi\_seu@163.com. Cost details: all cost incurred in china will be sponsored by the local committee. Tel: +86-151 9597 0085