







Welcome to DANISH SPRING 23-25 March 2018

Bulletin 1, 15. November 2017

Organisers	OK Roskilde and OK Sorø			
The Event and Classification	Danish Spring 2018 is an IOF World Ranking Event (WRE) for Men and Women Elite and 1st, 2nd and 3rd part of the Danish Senior and Junior Ranking series 2018, Trimtex Senior Cup and Løberen League, and the Danish Junior Cup. Sprint Classification: ***** Middle and Long classification: *****			
Programme	Friday the 23. of March 2018: Sprint Event center opens at 14.00 First start at 15.00 Saturday the 24. of March 2018: Middle Event center opens at 10.00 First start at 12.00 Sunday the 25. of March 2018: Long Event center opens at 08.30 First start at 10.00			
Event location	Sprint distance: Sorø Midtby, DK 4180 Sorø Event center: Arena Sorø, Sorø-Hallen, Ringstedvej 20, 4180 Sorø Middle and Long distance: Event center: Arena Avnstrup, Sognegården, Tolstrupvej 30, 4330 Hvalsø. Competition area: Hvalsø Skovene, DK 4330 Hvalsø Map of the region			
Maps	Sprint: Sorø 1:4.000 offsetprint for all classes, revised 2017, contour interval 2,5 m. Middle: Hvalsø Skovene 1:7.500 og 1:10.000, offset print for WRE- and juniorelite, laser print for other classes, revised 2017, contour interval 2,5 m. Long: Hvalsø Skovene 1:15.000 offset print for WRE- and junior elite and M35 og M21A, 1:7.500 and 1:10.000 laser print for other classes, revised 2017, contour interval 2,5 m. All maps will be with DOF's quality certificate.			
Terrain description	Sprint: Diverse sprint area consisting of a classical town with narrow alleys and backyards with adjoining sport facilities, multi-storey buildings with different levels and public buildings with lane and park area.	Middle and Long distance: The area is hilly and typical Mid-Zealand terrain consisting mainly of mixed open deciduous forest with elements of coniferous forest. In March the terrain is generally easily runnable with a developed network of paths.		









			The terrain is highly relevant for both WOC in	1	
			mixed with Latvia 2018, WMOC 2018 and		
		JWOC 2019.			
Embargoed area	Competitors in the elite senior classes are not allowed to visit the competition areas.				
	Further information: http://www.danishspring.dk/bulletins/				
Seeding		•	by DOF in accordance to the world ranking list.		
Speaking and		•	cup, Ranking events og WRE. GPS tracking (TracTra	-	
media		• .	s after the competition. Photoes will be available	at	
Tallet and the control	www.danishsppring.d				
Toilets and shower	There will be toilets a	•			
facilities	distance.	ne sprint event on i	riday and Sunday afternoon after the long		
Accommodation	There are attractive h	ostels, camping cal	oins, hotels in Roskilde and Ringsted and bigger		
	cabins for groups nea	ir Hvalsø. See exam	ples and discount on:		
	http://www.danishsp	-			
		ne is recommended	I. DANISH SPRING does not organize		
	accommodation.				
Prizes			and Junior Elite classes and prizes for 2nd and 3rd	d.	
	ranking classes.	isses. Trimtex and L	øberen awards prizes to the best Dane in the		
Punching system	Sportident. For the lo	ng distance SI-card	for more than 30 punches is required for several		
	classes. Rented SI-car	ds are handed out a	at start and must be returned at the finish after th	ıe	
	last race. Unused SI-c	ards must be returr	ned to the event information desk.		
Training	- ' '		erup forest near Roskilde at fixed controls. Maps		
opportunities	•		w.danishspring.dk/training/		
Children's course	Children's course for all children, free of charge, Saturday from 11.30 to 15.30 and Sunday				
and Childcare	9:00 to 13:00.		and the letter of the second and all access to the second		
	Childcare is offered Saturday and Sunday and if childcare is needed please write the age of children and which day and time is needed to danishspring@gmail.com				
Kiosk			embly areas. Payment in cash in DKK, SEK and Euro	<u> </u>	
KIOSK			pilePay (DKK) and SWISH (SEK) on Saturday and	U	
	Sunday possible.				
Classes – sprint	, , ,				
·	Classes	Difficulty	Winning time		
	M elite WRE	Difficult	12-15 min		
	W elite WRE	Difficult	12-15 min		
	M elite junior	Difficult	12-15 min		
	W elite junior	Difficult	12-15 min		
	W-16	Difficult	12-15 min		
	W 17-20	Difficult	12-15 min		
	W 21-49	Difficult	12-15 min		
	W 50-	Difficult	12-15 min		
	M-16	Difficult	12-15 min		
	M 17-20	Difficult	12-15 min		
				ļ	









	M 21-49	Difficult	12-15 min			
	M 50-	Difficult	12-15 min			
	Easy Junior	Easy	12-15 min			
	Easy Senior					
Diagram and an arrange	Diagraph and a second	and Danish and the	an analysis of manages is allowed Manages			
Direct courses – sprint	laser printed. Entry on	_	m or shadowing of runners is allowed. Maps a	re		
Classes – middle	Classes	Difficulty	Winning time/courses			
distance		Jeur.y	triming time, to those			
	M elite WRE	Difficult	32 min			
	W elite WRE	Difficult	30-35 min			
	M elite junior	Difficult	20-25 min			
	W elite junior	Difficult	20-25 min			
	W/M 10/Beginner	Beginners	15 min			
	W/M -12	Easy	20 -25 min			
	W/M -14	Medium	20-25 min			
	W/M -14B	Easy	20 -25 min			
	W/M -16	Difficult	20-25 min			
	W/M 17-20A	Difficult	20-25 min			
	W/M 21-A	Difficult	30-35 min			
	W/M 21-B	Medium	30-35 min			
	W/M 35-	Difficult	30-35 min			
	W/M 40-	Difficult	30-35 min			
	W/M 45-	Difficult	30-35 min			
	W/M 50-	Difficult	30-35 min			
	W/M 55-	Difficult	30-35 min			
	W/M 60-	Difficult	30-35 min			
	W/m 65-	Difficult	30-35 min			
	M 70-	Difficult (blue)	30-35 min			
	W 70-	Difficult (blue)	30 min			
	W/M 75-	Difficult (blue)	30 min			
	W/M85-	Difficult (blue)	30 min			
	W/M90	Difficult (blue)	30 min			
	If few entries classes will be merged. If too many entries classes can be split.					









Classes	Difficulty	Length
Open 1	Difficult	6 - 7 km
Open 2	Difficult	4 - 5 km
Open 3	Medium	4 - 5 km
Open 4	Easy	3 - 4 km





Classes – long distance

Classes	Difficulty	Winning time/courses
M elite WRE	Difficult	90-100 min
W elite WRE	Difficult	70-80 min
M elite junior	Difficult	70 min
W elite junior	Difficult	55 min
W/M 10/Beginner-16	Beginners	20 min
Beginner 17-	Beginners	35 min
W/M -12	Easy	25 min
W/M -14	Medium	35 min
W/M 16	Difficult	40/45 min
W/M 17-20A	Difficult	55/70 min
W/M 17-20AK	Difficult	35 min
W/M 21-A	Difficult	70/90 min
M21-AM	Difficult	60 min
W/M 21-AK	Difficult	35 min
W/M 21-B	Medium	35 min
W/M 35-A	Difficult	55/70 min
W/M 35-B	Medium	30 min
W/M 40-	Difficult	50/65 min
W/M 45-	Difficult	45/60 min
M45-AK	Difficult	40 min
W/M 50-	Difficult	45/55 min
W/M 55-	Difficult	45/50 min
M55-AK	Difficult	40 min
W/M 60-	Difficult	45/50 min
W/M 65-	Difficult	45/50 min
W/M 70-	Difficult	45/50 min









	W/M 75-		Difficult		45/50 min	
	·		Difficult		50 min	
	W/M 85-				50 min	
	W/M 90	Difficul			45 min	
						<u></u>
			_	•	tries classes can be spli	
	Classes Men Elite, Woman elite, Men elite junior, M 21-A, M 35-A need SI-cards for more			cards for more		
	than 30 con	trols.				
Direct courses –	Classes	Difficulty		ngth		
long distance	Open 1	Difficult	8 -	9 km		
(Entry on the day	Open 2	Difficult	5 -	6 km		
at the event	Open 3	Difficult	3 -	4 km		
information desk)	Open 4	Medium		5 km		
	Open 5	Easy	2 -	3 km		
Instruction/					from March 16. 2018.	
Bulletin 2,					e webpage. Start lists v	vill be announced
start lists and			· · · · · · · · · · · · · · · · · · ·		<pre>pring.dk/starting-lists/</pre>	
results					shspring.dk/resultat-me	· · · · · · · · · · · · · · · · · · ·
		•	•		esults for WRE-classes	•
					ng ID's from IOF's webs	site).
Entry and		-		•	ade via IOF Eventor:	± 22.00
payment- WRE classes	nttp://event	tor.orienteerin	ig.org/Even	<u>s</u> Registration	n deadline is March 8 a	[23.00.
Classes	Late entries at an extra charge of DVV 70 per start can be made via the IOE Eventer until					
	Late entries at an extra charge of DKK 70 per start can be made via the IOF Eventor until March 20. 2018 at 14:00.					
	Widi Cii 20. 2010 at 14.00.					
	Foreign participants must pay at https://danishspring.nemtilmeld.dk/2/ . Danish participants					
	must pay via o-service.					
	Read more a	at: http://www	v.danishspri	ng.dk/entry/		
Entries non Danish	Registration and payment deadline is March 8. 2018. At 23:00 at					
runners	https://danishspring.nemtilmeld.dk/2/					
(excl. WRE 21-)	Lateration of the state of DIW 70 and the state of the st					
	Late entries at an extra charge of DKK 70 per start can be made via the online entry system					
	until March 20. 20187 at 14:00 at https://danishspring.nemtilmeld.dk/6/					
Entries Danish	Registration deadline is March 8. 2018 at 23:00. Entries should be made via O-service.					
runners	Tresistration deadline is ivial circ. 2010 at 25.00. Littles silould be illade via 0-service.					
(excl. WRE 21-)	Late entries at an extra charge of DKK 70 per start can be made until March 20. 2018 at					
,	14:00.					
	Payments as	s usual via O-se	ervice.			
Entry fees	Classes			Sprint		Long
	Elite Junior			DKK 90,-		DKK 100,-
	Elite WRE			DKK 130,-	DKK 140,-	DKK 160,-









	W/M -20: (non junior elite classes)	DKK 70,-	DKK 80,-	DKK 80,-		
	W/M 21-: (non senior elite classes) DKK 100,-	DKK 110,-	DKK 110,-		
	Direct courses junior	DKK 90,-	DKK 90,-	DKK 90,-		
	Direct courses senior	DKK 110,-	DKK 120,-	DKK 120,-		
	Rental of SI-card: DKK 20,- per race.					
Entries, other	Online entering and changing of S	-card numbers can b	oe done online ur	ntil March 8. At 23:00		
information	and March 20, 2018 at 14.00 (late entries).					
	Competitors, who don't register a	n SI-card number, w	ill be assigned a r	ental SI-card.		
	Changing of an entry (e.g. name or class) can be done until the start at the Event information desk in the Event center with the payment of 70 DKK pr. person.					
	Questions about entries can be se received by email. Always write the					
Organisation		•	•	ie.		
Organisation		(ærsgaard Hansen, (oesen OK Roskilde	JK 301Ø			
	Event Director Long Sytte Hol	ıgaard, OK Roskilde				
Course setters	Sprint Jens Frai	idsen, OK Sorø				
	Middle Kent Pihl, OK Roskilde					
	Long Asger Jensen and Mogens Hald Kristensen, OK Roskilde					
Registration	Michael Leth Jess, OK Roskilde					
IOF Event Adviser/	Hakon Mosbech, OK Skærmen					
Event controller						
Insurance	Insurance is the responsibility of the individual participant. All participation is at your own					
	risk. Do not leave valuables in the tents. DANISH SPRING does not accept any responsibility					
	for either accidents or for lost or s	tolen property.				
VISA	We kindly direct you to www.newtodenmark.dk					
Competition rules	IOF's international competition rules for foot orienteering event 2017 (the WRE relevant					
	part) supplemented by DOF's rules 2017 §§ 2.6 (Shadowing), 2.8 (Embargoed areas), 2.10 (Start rights), 3.2 (Event Classification), 3.14 (controls) covering conditions not covered by					
Climate	Denmark has a mild climate with no extremes. In March, day temperatures average 6 degrees C, average rainfall is 39 mm and sunshine averages 150 hours for the month. The risk of snow in the terrain is minimal.					
C	Control Handaman Ha					
Course controller	Middle: Frank Rasmussen, OK Ballerup					
	Long: Niels Hamborg, OK Skærmei	1				