

Klubresultatliste – Danish Spring - Long

2022-03-27

DEN-Allerød OK

Men Elite Jun	5.	Theis Munktvad	1:16:24	+7:55
Men Elite Jun		Hans Grønborg Nielsen	Ej startet	
Women Elite Jun	1.	Amalie Ertmann	54:23	
Women Elite Jun	16.	Hedda Kärner Grooss	1:16:13	+21:50
M14	2.	Tore Emil Maarup	40:09	+0:43
M14	8.	Henrik Kärner Grooss	1:17:26	+38:00
M16	2.	Mads Christian Maarup	42:09	+0:34
M16	3.	Johannes Marager	44:01	+2:26
M50	1.	Jens Knud Maarup	53:41	
M50	13.	Michael Ertmann	1:07:57	+14:16
M50	16.	Anders Marager	1:12:14	+18:33
M60	8.	Erik Sørensen	1:11:15	+19:20
M60	9.	Søren Maarup	1:11:18	+19:23
W12	4.	Dagmar Marager	44:03	+16:04
W16	2.	Frida Kärner Grooss	36:34	+1:05
W21B	1.	Majken Maarup	57:35	
W45	3.	Henriette Broman	1:01:01	+12:56
W45		Dorthe Munktvad	Ej startet	
W55	3.	Susanne Maarup	45:36	+0:40
Open 1	4.	Lars Lyngsø	1:12:38	+19:58
Open 1		Niels-Peter Vest Nielsen	Ej startet	
Open 2	2.	Lars Munktvad	51:34	+4:09
Open 4	2.	Rasmus Storm Lyngsø	38:35	+0:21
Open 4	6.	Marlene Marager	1:01:31	+23:17
Open 4	7.	Cecilie Ertmann	1:01:34	+23:20
Open 4	13.	Rikke Ertmann	1:21:34	+43:20
Open 5	2.	Mads Storm Lyngsø	1:01:25	+2:41

DEN-Amager OK

M60	10.	Per Rasmussen	1:13:18	+21:23
W55	5.	Brita Gabrielsen	47:41	+2:45
Open 1	5.	Jakub Jirasek	1:15:24	+22:44
Open 2	3.	Arnau Ormella	1:00:24	+12:59
Open 5		Jekaterina Kostrona	Fejlklipt	

DEN-Ballerup OK

Men Elite	19.	Bela Sebok	2:20:07	+43:54
Men Elite		Mikkel Skaarup	Ej startet	
M40	3.	Anders Vejgaard	1:14:34	+0:41
M50	17.	Morten Ploug	1:13:18	+19:37

M55	6.	Alex Ottesen	55:38	+7:18
M55		Henrik Petersen	Ej startet	
M60	2.	Jørgen Pedersen	55:48	+3:53
M65	7.	Lars Hanghøj Petersen	1:03:19	+17:15
M70	12.	Jan Kristoffersen	1:25:15	+38:04
W50	6.	Janni Fischer	54:15	+13:31
Open 1	3.	Claus Cederberg	1:08:43	+16:03
Open 2		Niels Aabye	Ej startet	
Open 3	14.	Jimmy Hoen	50:26	+23:45
Open 3	16.	Ellen Kühn Jensen	52:18	+25:37
Open 3	21.	Charlotte Grauert	1:01:42	+35:01
Open 3	23.	Gitte Grauert	1:07:43	+41:02
Open 3		Line Bisgaard	Ej startet	

DEN-Farum Orienteringsklub

Women Elite	12.	Erica Ceresa	1:45:40	+29:56
M14	5.	Anton Kupriyanov Hviid	43:52	+4:26
M35	1.	Robert Kovacs	1:04:08	
M60	7.	Jens Behrend	1:08:50	+16:55
M65	10.	Ove Jakobsen	1:08:03	+21:59
M75	13.	Ole Christiansen	1:17:20	+25:35
M80	5.	Bendt Frandsen	52:35	+15:38
W16	1.	Augusta Thorsen	35:29	
W35	1.	Line Søderlund	52:10	
W40	1.	Irina Kupriyanova	41:33	
W50	2.	Bodil Karlsmose Kliem	47:18	+6:34
W55	2.	Anette Holm	45:30	+0:34
W65	7.	Susanne Christiansen	1:09:49	+31:54
W65		Annlou Husen	Ej startet	
Open 2	4.	Mikkel Søren Frese	1:05:41	+18:16
Open 2		Eva Sebok	Ej startet	

DEN-FIF Hillerød Orientering

Men Elite	9.	Malte Kjær Hemmingsen	1:52:17	+16:04
Women Elite	2.	Annika Simonsen	1:16:39	+0:55
Women Elite	13.	Lærke Lundedal Jensen	1:46:38	+30:54
Women Elite Jun	2.	Sigrid Høyer Staugaard	55:56	+1:33
M12		Niclas Cook Simonsen	Ej startet	
M16	1.	Niels Elton Jokumsen	41:35	
M16	4.	Torbjørn Høyer Staugaard	46:26	+4:51
M50	5.	Ulrik Frederiksen	59:45	+6:04
M55	14.	Peter Dyrsting	1:14:02	+25:42
M60	3.	Jens Viktor Nørgaard	56:22	+4:27
M60		Søren Sloth	Ej startet	
M65	9.	Søren Peter Larsen	1:04:07	+18:03
M70	5.	Emil Olesen	58:39	+11:28

M70	10.	Jens Høgsfeldt	1:09:12	+22:01
M75	4.	Leif Sig	1:03:33	+11:48
M75	8.	Karsten Funder	1:07:57	+16:12
M75		Thorkild Sørensen	Fejlklipt	
W14	5.	Lærke Konring Larsen	53:53	+11:29
W21AS		Karina Isaksen	Ej startet	
W50	1.	Maria M. Høyer Staugaard	40:44	
W50	5.	Sandra Simonsen	53:23	+12:39
W50	8.	Heidi L. Holmberg	1:01:14	+20:30
W65	5.	Eva Konring Olesen	58:21	+20:26
W65	8.	Betty Folino	1:11:49	+33:54
W80	1.	Annelise Hansen	51:21	
Open 3	6.	Preben Sloth	41:16	+14:35
Open 3	24.	Jørgen Chr. Nielsen	1:13:08	+46:27
Open 3		Jette Bachhausen	Fejlklipt	

DEN-Fredensborg OK

M65		Max Prang	Ej startet	
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DEN-FSK Orientering

M60	12.	Lars Basballe	1:44:25	+52:30
Open 4	9.	Pernille Thieme	1:11:29	+33:15

DEN-Faaborg OK

M70	4.	Erik Ljungdahl	56:01	+8:50
Open 4	11.	Jan Skouv	1:16:59	+38:45

DEN-Helsingør SOK

M60		Carsten Thye Agger	Ej startet	
M65	1.	Rolf Lund	46:04	
M80	1.	Jørgen Jensen	36:57	
W65	1.	Lene Jensen	37:55	
W70		Kirsten Ellekilde	Ej startet	

DEN-Herlufsholm OK

M55	12.	Jesper Børsting	1:09:05	+20:45
Open 3	25.	Claus Mikkelsen	1:14:34	+47:53

DEN-Holbæk OK

Open 4	10.	Mogens Jensen	1:15:32	+37:18
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DEN-Horsens Orienteringsklub

Men Elite Jun		Jacob Klærke Mikkelsen	Ej startet	
Women Elite Jun	10.	Theresa Skouboe	1:04:11	+9:48
M45AS	1.	Nicolaj Nielsen	35:11	
M50	12.	Mads Mikkelsen	1:07:33	+13:52
M55		Kent Kragh	Ej startet	

W16		Ella Klærke Mikkelsen	Ej startet	
W50	7.	Irene K. Mikkelsen	55:31	+14:47
W50	11.	Rikke Holm	1:06:37	+25:53
Open 2	7.	Allan Skouboe	1:09:36	+22:11

DEN-Hvalsø OK

Open 2	6.	Jens Chr. Buch	1:09:28	+22:03
Open 3	5.	Preben Mortensen	39:30	+12:49
Open 3		Jesper Skovsborg Mortensen	Ej startet	

DEN-JDRI

Open 3	3.	Jens Jørgen Hansen	31:39	+4:58
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DEN-Kolding OK

Men Elite Jun		Niels Dalgaard	Ej startet	
M55	13.	Per Eg Pedersen	1:11:13	+22:53
M80	2.	Jack Skrydstrup	38:29	+1:32

DEN-Køge OK

M40	1.	Karsten Brandt Andersen	1:13:53	
M70	7.	Karsten Richardt	1:00:30	+13:19
M70	9.	Tage Ebbensgaard	1:06:10	+18:59
M80		Svend Fladberg	Ej startet	

DEN-Lyngby OK

M50	19.	Sebastian I.V. From	1:20:48	+27:07
M60		Henrik Albahn	Ej startet	
Open 2	8.	Volker Naulin	1:15:20	+27:55
Open 3	22.	Helle Pitters	1:04:45	+38:04

DEN-Maribo OK

W60	4.	Pia Kadziola	50:15	+11:58
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DEN-O-63

M70	2.	John Knudsen	50:02	+2:51
M75	14.	Niels-Henrik Holscher	1:19:59	+28:14

DEN-Odense Orienteringsklub

M14	1.	Magnus Mølgaard Nielsen	39:26	
M14	3.	Anders Sigvardt	40:19	+0:53
M50	10.	Morten Mølgaard Nielsen	1:06:02	+12:21
M80	4.	Palle Møller Nielsen	50:51	+13:54
Open 1	7.	Peter Sigvardt	1:25:01	+32:21

DEN-OK Esbjerg

M75	10.	Henrik Hansen	1:09:54	+18:09
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DEN-OK GORM

M70	3.	Poul Erik Buch	51:45	+4:34
M70	6.	Hans Christian Strib	59:03	+11:52
W45	2.	Pernille Buch	49:07	+1:02

DEN-OK H.T.F.

M75	11.	Per F. Henriksen	1:11:06	+19:21
W70	3.	Inger Marie Haahr	50:54	+13:01

DEN-OK Holbæk

M40		Tomas Grabauskas	Ej startet	
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DEN-OK Melfar

Women Elite		Hedvig Valbjørn Gydesen	Ej startet	
Men Elite Jun		Magnus Fannar Madsen	Ej startet	
M16	8.	Magnus Lindahl	1:04:23	+22:48
M21AM	1.	Victor Valbjørn Larsen	1:21:05	
M40		Jesper Kristiansen	Ej startet	
M45		Jesper Madsen	Fejlklip	
W16	12.	Johanna K. Madsen	1:20:31	+45:02
Open 4	12.	Johanne Valbjørn Gydesen	1:19:48	+41:34

DEN-OK Pan

Men Elite	2.	Andreas Bock Bjørnsen	1:37:07	+0:54
Men Elite	5.	Mads Møller Skaug	1:42:45	+6:32
Men Elite		Oscar Sig Tranberg	Fejlklip	
Women Elite		Linnea Myrskog	Ej startet	
Women Elite		Lotte Jauhojärvi Markussen	Ej startet	
Men Elite Jun	1.	Jonas Damm Als	1:08:29	
Men Elite Jun	2.	Asbjørn Kaltoft	1:09:28	+0:59
Men Elite Jun		Anders Secher Thomsen	Fejlklip	
Men Elite Jun		Casper Staehelin Blakskjær	Ej startet	
Women Elite Jun	5.	Marie Møller Nielsen	1:00:03	+5:40
Women Elite Jun	14.	Ella Hedegaard Richardson	1:09:07	+14:44
Women Elite Jun	15.	Sofie Ulrich	1:10:32	+16:09
M50	2.	Ebbe Møller Nielsen	54:50	+1:09
W14	6.	Katrine Halkjær Dupont	1:47:40	+65:16
W16	6.	Sofie Halkjær Dupont	45:21	+9:52
W16		Laura Kaldahl Hornbæk	Ej startet	

DEN-OK Roskilde

M55	4.	Henrik Juul Hansen	53:53	+5:33
M65		Mogens Hald Kristensen	Ej startet	
M70	1.	Janne Brunstedt	47:11	
M75	2.	Ole Svendsen	59:17	+7:32
M75	15.	Mogens Bruun	1:37:30	+45:45

W70	4.	Ane Veierskov	56:06	+18:13
W75	1.	Inge Jørgensen	38:49	
Open 3	13.	Lise Nørgaard	49:46	+23:05
Open 3	17.	Michael Leth Jess	52:20	+25:39

DEN-OK Skærmen Værløse

M65	13.	Hakon Mosbech	1:13:46	+27:42
M70	8.	Niels Hamborg Jensen	1:00:41	+13:30
M70	11.	Søren Christensen	1:22:11	+35:00
M75	5.	Steen Sørensen	1:04:50	+13:05
M75	9.	Knud Torm	1:08:56	+17:11

DEN-OK Snab

Men Elite	8.	Jeppe Edwardsen	1:46:13	+10:00
Women Elite		Malin Agervig Kristiansson	Ej startet	
Men Elite Jun	8.	Felix Isaksen	1:24:35	+16:06
M16	6.	Rasmus Edwardsen	54:06	+12:31
M16		Axel Örnhagen Jørgensen	Ej startet	
M50	7.	Jesper Fenger-Grøn	1:02:52	+9:11
M55	1.	Fleming Jørgensen	48:20	
M55	11.	Kaj Isaksen	1:07:09	+18:49
M55	16.	Lars Thaasti	1:17:51	+29:31

DEN-OK Sorø

M40	2.	Kenneth Thomsen	1:14:15	+0:22
M55	3.	Kåre Sørensen	52:45	+4:25
M55	9.	Morten Hass	1:04:29	+16:09
Open 2	5.	Stig Møller	1:06:29	+19:04
Open 3	15.	Kristian Hansen	51:31	+24:50

DEN-OK ØST Birkerød

M35	2.	Rune Aagaard Lohfert Boas	1:18:48	+14:40
M50	23.	Lars Sørensen	1:28:56	+35:15
M60	4.	Per Windfeld-Hansen	1:04:36	+12:41
M60		Jens Bentsen	Fejlklipt	
M75		Per Mogens Petersen	Ej startet	
W16	3.	Kamma Aglund Andersen	40:31	+5:02
W60	3.	Birgitte Erskov Halland	48:44	+10:27
W60	6.	Lisa Tantholdt	1:21:47	+43:30
W70	1.	Kirsten Nymann Petersen	37:53	
W70		Ulla Hooge	Ej startet	
Open 4	8.	Arne Steen Sørensen	1:05:24	+27:10

DEN-OK73

M50	11.	Christian Gudme	1:07:05	+13:24
M50	14.	Morten Lykking	1:09:41	+16:00
M70		Bent Johansen	Ej startet	

M75	3.	Gunnar Jørgensen	1:00:18	+8:33
M75	7.	Knud Lykking	1:06:43	+14:58
M80		Bent Mortensen	Ej startet	
W14		Freja Gudme	Fejlklipt	
W75	3.	Else Gudme	54:15	+15:26
W75	4.	Marianne Lykking	58:09	+19:20
W80	2.	Inge Madsen	52:42	+1:21
Open 2	9.	Kristine Bihrmann	1:46:52	+59:27
Open 4	15.	Hanne Beck	1:23:54	+45:40

DEN-PI-København

M21A	4.	Søren Vestergaard	2:05:12	+50:04
M35	3.	Svend Christiansen	1:22:40	+18:32
M65	5.	Peter Sørensen	59:49	+13:45
W35	2.	Karina Mejnborg	1:15:50	+23:40
W45	1.	Elin Nørgård Kracht	48:05	

DEN-Rold Skov OK

Women Elite Jun	4.	Ida Riis Madsen	58:00	+3:37
Women Elite Jun	11.	Laura Bobach	1:04:21	+9:58
W16	10.	Mathilde Bobach	1:06:55	+31:26

DEN-Silkeborg OK

M16		Asbjørn Faber Fenger-Grøn	Ej startet	
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DEN-Svendborg OK

M65	3.	Per Storm Hansen	55:43	+9:39
W65	9.	Annette Færing	1:18:27	+40:32

DEN-Søllerød OK

Men Elite	17.	Jacob Seerup Kirkeby	2:13:38	+37:25
Women Elite	7.	Mathilde Smedegaard Madsen	1:25:46	+10:02
Men Elite Jun	10.	Mathias Buchgreitz	1:32:16	+23:47
M14	4.	Marin Philibert	42:37	+3:11
M16	5.	Nathan Philibert	50:05	+8:30
M16		Vincent Becker	Fejlklipt	
M17-20A	1.	Sebastian Røysland Maltby	1:02:37	
M40	4.	Simon Philibert	1:14:58	+1:05
M50	6.	Erik Melbye	1:00:09	+6:28
M50	21.	Peter Becker	1:22:53	+29:12
M55	8.	Michael Graae	56:37	+8:17
M55	15.	Morten Hultberg Buchgreitz	1:14:46	+26:26
M55		Jesper Kirkeskov	Ej startet	
M60	11.	Gunner Sie	1:14:36	+22:41
M65	11.	Henrik Kleffel	1:08:09	+22:05
M70		Ole Berner	Ej startet	
M75	6.	Gert Bøgevig	1:05:11	+13:26

M80	3.	Kaj Rostvad	46:35	+9:38
W16	4.	Ingrid Due Nygaard	40:47	+5:18
W16	8.	Laura-Johanne David Koue	55:30	+20:01
W16		Ella Reker Hadrup	Fejlkli	
W40	2.	Aline Harmand	1:05:18	+23:45
W50	4.	Fiona Becker	49:52	+9:08
W55	1.	Iben Maag	44:56	
W55	7.	Anne Skovbaek	54:00	+9:04
W55		Synnøve Røysland	Fejlkli	
W75	2.	Vibeke Bøgevig	46:53	+8:04
W75	5.	Kirsten Olsen	59:13	+20:24
W75		Else Juul Hansen	Fejlkli	
Open 3		Jørgen Luxhøj	Ej startet	
Open 4		Dorte Munk-Petersen	Fejlkli	

DEN-Tisvilde Hegn OK

Men Elite	13.	Lasse Falck Weber	1:57:07	+20:54
Men Elite		Emil Øbro	Udgået	
Women Elite	1.	Elin Carlsson	1:15:44	
Women Elite		Ida Øbro	Fejlkli	
Women Elite		Iben Valery	Ej startet	
M40		Jesper David Jensen	Ej startet	
M50	3.	Thomas Greve Jensen	56:04	+2:23
M55	2.	Tim Falck Weber	50:17	+1:57
M55		Sten Skytte Kirkegaard	Ej startet	
M65	2.	Keld Johnsen	53:44	+7:40
M80	6.	Kurt Valery	1:00:23	+23:26
W16	7.	Lucia Holck	53:23	+17:54
W55	6.	Bente Madsen	51:47	+6:51
W60	1.	Lena Wraa	38:17	
W65		Margit Ulmer	Fejlkli	
W70	2.	Inger Kirkegaard	41:05	+3:12
Open 1	6.	Leif E. Larsen	1:17:25	+24:45
Open 3	1.	Rasmus Nielsen	26:41	
Open 3	9.	Dennis Øbro	44:09	+17:28
Open 3	11.	Peter Wraa	45:35	+18:54
Open 3	12.	Niels Landsperg	48:07	+21:26
Open 3	20.	Birgitte Wraa	1:01:29	+34:48
Open 4	5.	William Nielsen	57:26	+19:12
Open 4	14.	Inger Landsperg	1:23:38	+45:24

DEN-UAE OC

M55	10.	Carsten Elhøj	1:06:00	+17:40
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DEN-Viborg OK

M60	1.	Jess Rasmussen	51:55	
W65	2.	Grethe Anæus	49:09	+11:14

DEN-Viking Atletik

Men Elite	20.	Emil Illemann Andreasen	2:28:01	+51:48
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DEN-Aarhus 1900 Orientering

Men Elite	18.	Simon Gregersen	2:19:48	+43:35
W21A	1.	Sabine Oechsner	1:18:23	

FIN-Helsingin Suunnistajat

Men Elite	6.	Luukas Valtonen	1:43:17	+7:04
Women Elite	6.	Anniina Suhonen	1:24:14	+8:30
Women Elite	10.	Venla Turakainen	1:30:25	+14:41
M50	4.	Tuomas Tala	59:39	+5:58

FIN-Jämsän Retki-Veikot

Women Elite	3.	Venla Taulavuori	1:19:33	+3:49
Women Elite Jun	5.	Elena Konstari	1:00:03	+5:40
Women Elite Jun	12.	Heta Virkajärvi	1:04:58	+10:35
W21AS		Hilla Pitkänen	Ej startet	

FIN-Lynx

Women Elite Jun	8.	Veera Turakainen	1:02:18	+7:55
W50	10.	Irene Turakainen	1:04:47	+24:03

FIN-MS Parma

Men Elite Jun	6.	Elias Lehtonen	1:21:55	+13:26
Women Elite Jun	13.	Venla Lehtonen	1:06:05	+11:42

FIN-OK77

Men Elite	3.	Emil Sevelius	1:41:01	+4:48
Men Elite	7.	Tobias Jern	1:45:19	+9:06
Men Elite	10.	Hannes Holmback	1:52:39	+16:26
Men Elite	12.	Caj Snickars	1:57:05	+20:52
Men Elite	14.	Jesper Donner	1:57:31	+21:18
Men Elite	15.	Fabrian af Hällström	2:00:04	+23:51
Men Elite		Jonny Donner	Fejlkliip	
Men Elite		Eljas Talja	Ej startet	
M45	1.	Vesa Kankaanpää	57:18	

FIN-Suunta Jyväskylä

Women Elite		Janina Donner	Fejlkliip	
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FIN-Ulvilan Ura

M45	4.	Eero Lehtonen	1:08:36	+11:18
W12	1.	Aurora Lehtonen	27:59	

FSK Orientering

M60	5.	Leif Pedersen	1:06:48	+14:53
M60	6.	Jan Frank Nielsen	1:06:53	+14:58
M65	6.	Kurt Thuesen	1:01:30	+15:26
M75	12.	Karl Aage Hald	1:17:06	+25:21
W75	6.	Lise Kolte	1:20:22	+41:33

IK Hakarpspojkarna

Open 2	1.	Hilda Johansson	47:25	
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IRL-GEN

W65	4.	Mary Healy	57:23	+19:28
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JDRI

Open 3	10.	Susanne Thomsen	44:36	+17:55
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NOR-Aker Brygge Orientering

M60		Richard Zeiner-Gundersen	Ej startet	
W55		Trine Marit Justad Raaen	Ej startet	

NOR-Fet o-lag

M50	15.	Asgeir Lium	1:10:33	+16:52
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NOR-Fossum IF

Women Elite Jun	17.	Anne Østvold	1:24:18	+29:55
M16	7.	Ask Felland Sætnan	1:03:33	+21:58
M17-20A	2.	Birk Felland Sætnan	1:21:13	+18:36
M50	9.	Christian Jomaas	1:05:43	+12:02
M50	18.	Knut Jostein Sætnan	1:17:26	+23:45
M55	5.	Arild Andresen	54:39	+6:19
W14	2.	Alida Hertenberg	46:30	+4:06
W14	3.	Silje Andresen Skotte	53:01	+10:37
Open 4	1.	Helene Hoel Jomaas	38:14	

NOR-Heming Orientering

Women Elite Jun		Ida Marie Flågen	Ej startet	
M12	1.	Alf Hattestad Kristensen	33:48	
M14	6.	Sigurd Myrvold	48:29	+9:03
M14	7.	Frode Wallberg	53:04	+13:38
M45	5.	Jøran Kristensen	1:19:27	+22:09
M50	8.	Christian Reusch	1:03:57	+10:16
M50	22.	Roger Østvold	1:25:43	+32:02
M50	24.	Jo Braadlie	1:55:52	+62:11

M55		Lasse Arnesen	Fejlklipt	
M55		Anders Flågen	Ej startet	
W10		Ida Myrvold	Ej startet	
W12	2.	Annika Næss-Ulseth	40:21	+12:22
W12	3.	Sine Wallberg	41:25	+13:26
W14	1.	Henni Hattestad Kristensen	42:24	
W14	4.	Astrid Reusch	53:14	+10:50
W14		Ingrid Jepsen	Ej startet	
W16	5.	Anna Myrvold	42:52	+7:23
W16	9.	Kajsa Harstad Arntsen	57:33	+22:04
W16	11.	Hannah Braadlie	1:07:45	+32:16
W50	9.	Hanne Marthe Østvold	1:03:08	+22:24
W50	12.	Marit Inngjerdingen	2:03:05	+82:21
W50		Ann Elin Flågen	Ej startet	
W55	4.	Signe Astrup Arnesen	45:41	+0:45
Open 3	2.	Thomas Johansson	30:30	+3:49
Open 4	4.	Einar Østvold	48:12	+9:58
Open 5	1.	Knut Wallberg	58:44	

NOR-IL Koll

Men Elite Jun	9.	Tobias Tronbøl Lium	1:26:45	+18:16
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NOR-Koll IL

Men Elite Jun		Anders Næss-Ulseth	Fejlklipt	
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NOR-Natthauken IL

M40	5.	Ole Grini Johansen	1:20:58	+7:05
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NOR-NTNUI

Women Elite	8.	Janne Tjørhom Aasheim	1:28:29	+12:45
Open 1	2.	Bjørn Anders Flågen	58:03	+5:23

NOR-OK77

M45	3.	Amund Beitnes	1:04:39	+7:21
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NOR-OL-Toten Troll

W60	2.	Marita Hernandez	41:24	+3:07
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NOR-Trauma IF

Open 4	3.	Ulrik Llen Jomaas	38:36	+0:22
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NOR-Tyrving IL

M65	8.	Alf Pettersen	1:03:51	+17:47
W65	3.	Randi Nilstad	53:42	+15:47

SWE-Falkenbergs OK

Women Elite	11.	Matilda Martinsson	1:34:28	+18:44
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SWE-Helsingborgs SOK

M65	14.	Sven-Åke Emanuelsson	1:23:56	+37:52
W60	5.	Eva Emanuelsson	55:06	+16:49

SWE-Hestra IF

M65	12.	Bengt Jonsson	1:11:50	+25:46
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SWE-IFK Mora OK

Men Elite		Per Harald Löfgren Johansen	Fejlkli	
Open 3	4.	Kristin Löfgren Johansen	33:54	+7:13

SWE-IK Vikings OK

M21AS	1.	Tim Dalheimer	1:13:17	
M45AS	2.	Matthias Kalle Dalheimer	54:10	+18:59
W21B	2.	Alice Öberg	1:06:01	+8:26

SWE-IKHP Huskvarna

Men Elite	1.	Arvid Nord	1:36:13	
Men Elite	11.	Simon Harden	1:55:36	+19:23
Men Elite	16.	Emil Öhlund	2:03:46	+27:33
Men Elite		Joar Hertin	Fejlkli	
Women Elite	4.	Tova Olsson	1:20:21	+4:37
Men Elite Jun	3.	Olle Karlsson	1:09:34	+1:05
Men Elite Jun	4.	Anders Skoglund	1:14:30	+6:01
Men Elite Jun		Isak Eskilsson	Fejlkli	
Women Elite Jun	3.	Lisa Åkesson	56:11	+1:48
Women Elite Jun	7.	Erika Åkesson	1:01:16	+6:53
Women Elite Jun	9.	Tova Rangert	1:02:19	+7:56
M21A	1.	Martin Djerf	1:15:08	
M21A	2.	Albin Axelsson	1:15:42	+0:34
Open 1	1.	Arvid Claesson	52:40	

SWE-Järfälla OK

M65	4.	Anders Löfgren	59:11	+13:07
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SWE-OK Ravinen

M21A	3.	Kalle Bergman	1:32:10	+17:02
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SWE-OK Tisaren

M75	1.	Lennart Lundh	51:45	
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SWE-SOL Tranås

Men Elite Jun	7.	Alfons Enell	1:23:57	+15:28
M45	2.	Andreas Ekbladh	58:55	+1:37

M50	20.	Erik Skoglund	1:20:53	+27:12
M55	7.	Göran Nord	56:19	+7:59
W17-20A		Svea Ekbladh	Ej startet	
W50	3.	Marie Nord	47:58	+7:14
W65	6.	Vivianne Lindstam	1:09:48	+31:53
Open 3	18.	Elin Ekbladh	53:02	+26:21
Open 3	19.	Anne Skoglund	53:05	+26:24

SWE-Västerviks OK

Men Elite	4.	Simon Jakobsson	1:42:21	+6:08
Women Elite	5.	Nelly Carlsson	1:23:54	+8:10
Women Elite	9.	Eef van Dongen	1:28:55	+13:11

SWE-Växjö OK

Men Elite	21.	Erik Jonsson	2:32:09	+55:56
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Søllerød OK

Open 3	7.	Sune Due Møller	41:24	+14:43
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Uden klub

Open 3	8.	Erik Mygind	42:48	+16:07
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